



the Wave ~

news from the big beach

May / June 2010

Volume 24 Issue 3

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You're Invited!

Alaska Native Arts & Craft Fair

Saturday, June 5th

10 am—6pm



This event is intended to provide Alaska Native artists and craft persons an opportunity to exhibit and offer for sale their original handmade arts and crafts products. Vendors who are interested in participating in this event can locate a vendor application via the QNT website: www.sewardaknatives.com. This event is OPEN and FREE to the public. Please join us at the Qutekcak Native Tribe Culture Center located at 221 Third Avenue Seward, AK. Call (907) 224-3118 for more information.

Volunteer opportunities available / Vendor applications due May 21st

Qutekcak Native Tribe is the tribal organization serving the Native community of Seward, Alaska, created to promote the unity, self-determination, and empowerment of our members and other Native people residing in the Eastern Kenai Peninsula by providing services that will strengthen Native people by increasing opportunities, and enhancing their mental, physical, and spiritual well-being, in harmony with our land and traditional values.



QNT Recruits for TWO Administrative Positions

Qutekcak Native Tribe is currently recruiting for two full time, administrative positions: **Administrative Assistant** and **Project Assistant—Elders**. Both positions are eligible for benefits including leave time, healthcare coverage and access to a 401k plan. These positions are open until filled with intention to hire in late May.

Qualified applicants must submit a cover letter, a resume, a QNT Job Application, and a career readiness certificate. Job Descriptions outlining the position duties and qualifications along with QNT Job Applications can be obtained on the QNT website: www.sewardaknatives.com. Career readiness certificates can be earned by taking WorkKeys® assessments at the local Job Center in three key skill areas: reading for information, applied math and locating information (in visual formats). Please call the tribal office for more information.



COMMUNITY UPDATES



Young Native Writer's Essay Contest: Deadline May 10, 2010

It's that time of year again! The National Museum of the American Indian (in partnership with the Holland & Knight Charitable Foundation) is pleased to announce a call for entries for the annual Young Native Writer's Essay Contest.

This year's writing prompt is: "Describe a crucial issue confronting your tribal community today. Explain how you hope to help your tribal community respond to this challenge and improve its future." Five selected essayists, and the teachers that inspired their participation, will win an all-expenses paid trip to Washington, D.C. in July 2010 and a \$2,500 scholarship. The deadline is May 10, 2010, so please share the attached press release with anyone who might be interested in applying. This writing competition is a valuable opportunity for Native high school students, so we hope you help us spread the good word! Learn more at: <http://www.nativewriters.hklaw.com/index.asp>

Chugach Alaska Corporation Annual Shareholders Meeting: will be held in Cordova, AK on October 16th.

This is your newsletter!

We invite you to call or stop by with articles, suggestions, announcements, greetings, births, weddings, or community concerns.

The Wave is printed every two months. The deadline for the next issue is: **06/18/2010**

Call: (907) 224-3118

Alaska Federation of Natives Conference: will be held in Fairbanks on October 21-23, 2010.

Y o u ' r e I n v i t e d

The QNT Council is an elected body representing you and your interests in QNT's future.

You are welcome to attend the monthly QNT Council meetings to learn about what's happening in the tribe and to present your ideas and concerns.

Meetings are typically held on the 2nd Tuesday of each month. The next Council Meetings are scheduled for

May 11th and June 8th

P l e a s e j o i n u s !

*Call to confirm
time and date*



Q & A: Is it bad for you to hold back your sneezes? Answer: YES! Sneezing is to the nose what coughing is to the lungs. It's your body's way of cleaning out things that shouldn't be there, such as allergens and viruses. Holding a sneeze in can also cause a rapid, intense buildup of pressure in your head and can propel germs deep into the sinuses or ear canals, causing infections. That same pressure can damage delicate ear membranes. Of course, there are times when it's impolite or embarrassing to let out a loud honk. At such times, try pinching the top of your nose, right where the bone meets the cartilage, at the first tingle of an oncoming sneeze. This often stops it cold. If it doesn't, sneeze into your elbow.



LEARNING & CULTURE CENTER

Summer Camp Opportunity for Current 8th Grade Students

Alaska native students who are currently in eight grade are eligible to apply. AWE Camp is a federally funded science and math camp, which provides upcoming high school students with a unique experience to learn lifelong natural history skills. Participants will interact with some of the best science and research organizations located in Southcentral Alaska. Learning through the lens of eight different natural history subjects (marine biology, birds, plants, animals and tracking, geology, fish, archaeology, and weather and tides) campers will explore the beautiful Kachemak Bay / Homer area under the guidance of talented naturalists, rangers and scientists. Participants will become familiar with a variety of exciting science and math careers while working with professionals who use science and math in their every day lives. Throughout the 24-day camp, campers will enjoy fun-filled activities including traditional boat building, kayaking, camping and natural history study while exploring the spectacular shorelines of Kachemak Bay. Each camp will host 32 students. This is an all expenses paid activity.

Camp Dates: **CAMP 1:** June 1– July 3, 2010 **CAMP 2:** July 11—August 3, 2010

Location: The AWE camp is located on Ageya’s 80-acre homestead near Homer, Alaska. Situated in a wilderness setting, the camp is only three miles from Homer and overlooks beautiful Kachemak Bay.

Camp Activities: As part of AWE Camp, participants will:

- Stay at the Kasistna Bay Biology Lab operated by the National Oceanic 7 Atmospheric Administration (NOAA) and the University of Alaska Fairbanks while participating in two days of tide pool and marine life studies using high powered microscopes in the wet lab. Kasistna Bay is across Kachemak Bay from Homer
- Visit a local setnet site of a mussel and oyster farm.
- Tour the Islands and Ocean Visitor Center where they will participate in a plankton and ocean acidity lab and talk with local scientists about their current ongoing research.
- Check out the Pratt Museum and its interactive natural history displays.
- Work with marine biologists and naturalist studying tide pools and marine life with the Center for Alaskan Coastal Studies.
- Enjoy the Homer High School pool and gym along with the sports fields at the camp for daily recreational opportunities.
- Learn traditional boat building methods from a Master boat builder, to build a 30-foot Umiak, a Bidarka and paddles using hand tools.
- Camp for a week exploring Kachemak Bay in kayaks and paddling the Umiak.
- Work with Alaska State Park officials enhancing trails and adding to the park’s visitor facilities.

For more information and an application packet, please contact Ageya at (907) 351-0053 or visit the website at www.ageya.org. Application packets can also be requested electronically from Valerie Malanaphy at vmalanaphy@kpbsd.k12.ak.us.

Visit QNT’s Website: www.sewardaknatives.com.

YOUTH PROGRAM

Summer Youth Employment Program

The Summer Youth Employment Program is designed to provide meaningful work experience

opportunities to economically disadvantaged Alaska Native/Native American, and/or Native Hawaiian youth. In addition to work experience, youth can receive career exploration assistance, build job skills, and develop work ethics. To be eligible for



this work experience program applicants must meet the following requirements:

-Be between the ages of 14- 21

-Economically Disadvantaged

-Be Alaskan Native/Native American and/or Native Hawaiian

Economically disadvantaged is determined by the family's income and cannot exceed the regulatory Poverty Guidelines for Alaskan eligibility.

NYO and WEIO

The season has come to a close for the Native Youth Olympics Team. The athletes worked hard throughout the year and have made some wonderful accomplishments. They set goals for themselves and were able to meet those goals as well as pass them at the State competition this past April. The kids are already looking forward to next season and a few are looking forward to July and competing at the World Eskimo Indian Olympics. The WEIO games will be held July 21st thru 24th in Fairbanks. If you are age 13 or older and interested in competing at the games, practice will start June 7th at the NorthStar exercise room.



Summer Native Arts Camp: Grades 7-12

Expand your artistic talents and earn a .5 arts credit at this summer art camp. Work with professional Alaska native instructors in ulu making, storytelling, birch bark, basket making, carving, beading and traditional dance and music.



Session 1 is June 14-18 at Kenaitze Spirit Lake Camp—travel and lodging provided

Session 2 is June 23-27 at Fort Kenay.

This week is a day camp.

This camp is sponsored by the Kenaitze Indian Tribe, Salamatof Tribal Council and KPBSD Title VII Program. For more information contact Sondra Shaginoff-Stuart or Michael Bernard at 335-0669.

**For more info about QNT's Youth Programs Contact:
Melanee via email at youth@qutekcak.net or via phone (907) 224-3118**

ELDER PROGRAM

RECIPE:

Spiced Highbush Cranberry Freezer Jam

- 1 cup highbush cranberry puree
- 1 cup apple juice
- 3 oz frozen orange juice concentrate
- 1/4 tsp cloves
- 1/2 tsp nutmeg
- 1/2 tsp cinnamon
- 3 1/2 cups sugar
- 6 oz liquid pectin



Combine puree, apple juice, orange juice concentrate, spices and sugar in a saucepan. Heat to just 110 degrees, stirring constantly until the sugar is dissolved. Remove from heat. Add liquid pectin. Stir well. Ladle jam into freezer containers; cover with tight lids. Cool until set; freeze.
Yield: 5-6 cups

QNT Handyman Home Repair Program:

As people age, so do many of their homes and the need for even minor home repairs can become a threat to the homeowner's



health and safety. Often, due to financial limitations, these home repairs cannot be addressed and as a result, an older adult's safety may be compromised. A fall, injury or even just the threat of such an incident can affect an older person's ability to remain in his or her home.

The QNT Handyman Home Repair Program is the only program within the City of Seward that assists seniors to address critical safety concerns in their homes. The QNT Handyman Home Repair Program assists seniors to remain in their homes as long as it is safe.

To qualify for the QNT Handyman Home Repair Program you must:

- Be 60 years of age or older;
- Own your home; and
- Meet Tribal eligibility criteria.

For more information regarding this program, please contact the QNT Tribal Office.

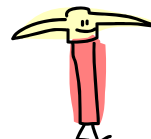
Elder's Thursday Social

We welcome tribal members to join us at our weekly Craft and Social session. They are held every Thursday afternoon from 1:00 PM to 3:00 PM.



Translators Needed:

We continue to look for volunteer translators who will be willing to visit Elders at the Providence Care Center.



For more info about QNT's Elder Programs Contact:
Maggie via email at Elders@qutekcak.net or via phone (907) 224-3118

ANNOUNCEMENTS

~ Happy Birthday ~

May		June	
3	Kenneth Blatchford	2	Richard Janson
3	Carl Christiansen, Sr.	3	Daniel Tolson
6	Perry Buchanan	4	Bruce Martin
8	Gertrude Dotomain	6	Carl Wassilie
9	Erica Larson	7	Thomas Buchanan
9	Gary Larson	8	William Hansen
10	James Goreson	11	Diana Rhodes
10	Marshall Ronne, Jr	12	Peter Peterson
11	Brian E. Stanley	13	Nancy King
12	Kimberly Goreson	13	Tanner Young
13	Sandra Hansen	13	Jasen Nelsen
14	Adrienne Miller	13	Jeremiah Hubbard
14	Crystal Wheeler	14	Hans Peterson
15	Arne Hatch	17	Sarah Nicolet
16	Brian Blatchford	17	Kiia Hubbard
16	Thomas Shea	18	Alek Cushing
17	Patricia Johnson	20	Frank Marine III
20	Robert King	21	Ellen Setters
21	Hjalmar Christiansen	21	Richard Simms
22	Aaron Swartz	22	Raymond Endresen
22	Darius Wallace	22	Helen Painter
23	Elena Endresen	22	Alice Shea-Hansen
24	Joshua Dotomain	23	Lettie Buchanan
24	Andreanna Pruitt	24	Eldon Zinis
26	Daisy Blatchford	26	Savannah Holtman
26	Nena Butts	27	Maranda Nelson
26	Brian W. Stanley	28	Lola Becker
27	Jacqelyn Stettinger	29	Leona Foucheaux
28	Patrick Wallace	29	Melissa Buchanan
29	Mary Gunter	30	Jay Gottschalk
30	John Davenport		
30	Jack Gunter		
30	Micheal Hibbetts		
31	Dreana Brown		
31	Randolph Galeshoff		



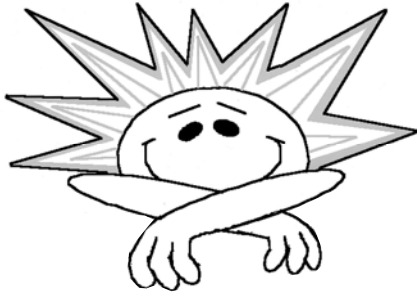
**We're having a
PARTY and
YOU'RE
INVITED!!**

QNT has been hosting a birthday party every other month at its Tribal Office. Due to lack of participation, this event may be discontinued. So, if you'd like to see this social activity continue on ... Please join us for coffee, tea and cake on **Thursday, May 20th** from 1pm—3pm to celebrate QNT's May and June birthdays! See you there!



Transportation is provided to QNT Elders and disabled tribal members on Wednesday of each week for afternoon clinic and dental appointments, shopping, banking and a visit to the post office. **To be included in the weekly transportation, please contact the office by 3pm on each Tuesday.**

ANNOUNCEMENTS



Join the Sunshine Club

Donate to the QNT Sunshine Club. Earnings go to general operations that grants do not cover. QNT, a non-profit organization, provides services to the community, our elders, and the youth. You do not need to partake in any activities to donate.

Special thanks to those who
Have contributed during this
fiscal year:

Rita Goshorn
Caroline Toloff
Gilbert Ollestad
Judi Christiansen
Daisy Blatchford
Diane McRae

QUYANA! (Thank You)

"Not what we give, but what we share; for the gift without the giver is bare." ~James Russell Lowell

DJ Blatchford & First Alaskans Institute

Thank you for the "I'm Alaska Native and I Count" Census T-shirts

Tracy Bartley

Thank you for your assistance with this year's NYO teams

NYO Parents & Community Members

Thank you for your continued support of our athletes at NYO Competitions

Marge Christiansen

Thank you for your work with the National Park Service in our schools!

Bernice Johnson

Thank you for your donations!

Leo Kunnuk

Thank you for your carving expertise in our schools!

Matt Myers & the Alaska SeaLife Center

Thank you for your assistance with the Elder's Lecture Series

Seward PTSA, Harmon Construction, Metco, INC, Shoreside Petroleum INC, AUTOTECH Automotive and Seward Plumbing and Heating

Thank you for sponsoring our NYO athletes!

Important Dates



May 9th—Mother's Day

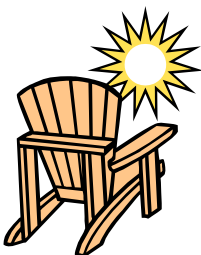
Remember to call your mother: tell her you love & appreciate her!

May 31st—Memorial Day QNT OFFICE CLOSED



June 5th—Alaska Native Arts & Craft Fair @ QNT

This event is free and open to the public. Sale hours are from 10am to 6pm.



June 20th—Father's Day

Remember to call your dad: tell him you love & appreciate him!



June 21st—Summer Solstice



QUTEKCAK NATIVE TRIBE

Changing with the tides, in harmony with our people, land and heritage.

221 Third Avenue, P.O. Box 1467, Seward AK 99664

Ph (907) 224-3118 ~ Fax (907) 224-5874



TRIBAL COUNCIL

President - *Diane McRae*
Vice President - *Judi Christiansen*
Secretary/Treasurer - *Dorothy Randall*
Member - *Esther Ronne*
Member - *Daisy Blatchford*
Member - *Arne Hatch*
Member - *Danielle Deer*

OFFICE PERSONNEL

Tribal Administrator — *Scott Allen*
Program Coordinator—Elders— *Maggie Simons*
Program Coordinator—Youth— *Melanee Stevens*
Accountant — *Chellie Skoog*
Project Assistant—Elders— *OPEN*
Admin Assistant—*OPEN*
Maintenance—*Ike Dotomain*



The Wave
Qutekcak Native Tribe
P.O. Box 1467
Seward, AK 99664

Return Service Requested

Office Hours:

Monday—Friday
12:30 PM to 4:00 PM
Saturday & Sunday
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