

the Wave ~

news from the big beach

September / October 2009

Volume 23 Issue 5

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Qutekcaq Native Tribe is the tribal organization serving the Native community of Seward, Alaska, created to promote the unity, self-determination, and empowerment of our members and other Native people residing in the Eastern Kenai Peninsula by providing services that will strengthen Native people by increasing opportunities, and enhancing their mental, physical, and spiritual well-being, in harmony with our land and traditional values.

You're Invited!



Growing through Traditions
Growing through Traditions

16th Annual Sobriety Gathering

Saturday, September 19, 2009
9:00 am—6:00 pm

Host Drum: Mt. Susitna Inter-Tribal
Grand Entry at 10:00 am

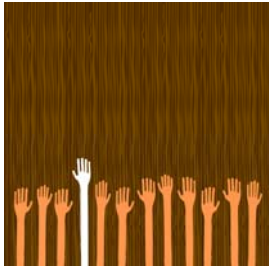
AKRR Cruise Ship Terminal
913 Port Avenue * Seward, Alaska

- This event includes:
- Native Dance & Drum Groups
 - Inspirational Speakers
 - Local & AK Native Arts & Craft Vendors
 - Community Potluck @ 5:30pm
 - Bring a dish to share!

This is a **FREE** event for the purpose of celebrating healthy lifestyles in our community!

All are welcome & encouraged to attend!

COUNCIL UPDATES

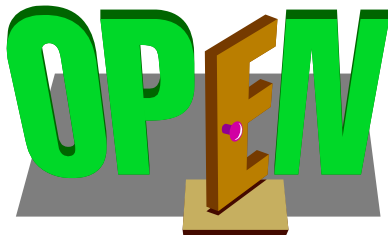


Voter Eligibility for the Annual Meeting

This year's Election and Annual Meeting will be held Thursday, November 19th at the QNT administrative offices at 221 Third Avenue. Please review the Eligible Voters List Draft at the tribal offices to ensure we have included your name as an eligible voter. According to our Tribal Election Ordinance:

SECTION 8.1: VOTERS

"All enrolled tribal members as defined in Article IV of the Constitution, 18 years of age on Election Day, and residing within the Territory of the Tribe shall be eligible to vote. The Election Committee shall prepare an eligible voters list containing all such persons and post it at the Tribal office 30 days prior to the election. Persons excluded from this list shall have 5 working days to appeal to the Tribal Council in writing. The Tribal Council, after a hearing, shall affirm the Election Committee's decision or order their inclusion or exclusion as voters as soon as possible after the end of the 5 working day deadline. Any additions or deletions to the eligible voters' list shall be posted as soon as possible. The decision of the Tribal Council shall be final."



Council Seats

The Qutekcak Tribal Council has a seven member council, this fiscal year 2010 two council seats are open and need to be filled. Persons seeking candidacy may pick up an application at the QNT office at any time. Potential candidates must return applications by 5:00 P.M., Wednesday, October 21, 2009. If you have any questions about the responsibilities of being a council member, please call any current council members or Connie Pavloff, Tribal Administrator.

Y o u ' r e I n v i t e d

The QNT Council is an elected body representing you and your interests in QNT's future.

You are welcome to attend the monthly QNT Council meetings to learn about what's happening in the tribe and to present your ideas and concerns.

Meetings are typically held on the 2nd Tuesday of each month. The next Council Meetings are scheduled for

September 15th & October 13th

P l e a s e j o i n u s !

Call to confirm time and date



This is your newsletter!

We invite you to call or stop by with articles, suggestions, announcements, greetings, births, weddings, or community concerns.

The Wave is printed every two months. The deadline for the next issue is: **10/23/09**

Call: (907) 224-3118

LEARNING & CULTURE CENTER



It is surprising how time flies when you're having fun. The QLCC Project and the summer season are winding down. Here's a quick recap of our weekly sessions...

Together the group experienced beaver fleshing with local hunter and trapper, Al Stone; Subsistence Rules & Regulations with the help of ADF&G Representative, Bill Simeone; a field trip to the Alaska Native Heritage Center; discussions on Archaeology and Anthropology with Maribeth Murray, UAF Associate Professor; a taste of Native language with the help of Dodi Randall (online research), Marge Christiansen (Suqpiag), Beth Napoleon (Cu'pik), Bernadette Stone (Cu'pik) and Ben Ramoth (Inupiaq); an evening of discussion about Native Dance and Music. As well, the group participated in an on-site visit with the Administration for Native Americans (ANA), the project's funder. All of this information along with shared artwork, books and skills were shared at the Chamber After Five event that was held at the Tribe on Thursday, August 13th.



Thanks for a great summer and a successful project!



As a grand finale to our time together this summer, the group came together with great enthusiasm and commitment to help write a set of traditional values for Qutekcak Native Tribe. This was not an easy task and one that took a great deal of thought and consideration. The group embraced the opportunity and worked diligently and respectfully to arrive at a finalized list representative of QNT's diverse population and location. This list was presented to the Tribal Council and was adopted on August 18th. Look for these values to be debuted at the upcoming Sobriety Gathering on September 19th.



At this time, I'd like to acknowledge all those who participated in the project, who gave so willingly of themselves and their time for the long term benefit of the tribe. You have made a difference! This has been a meaningful project and QNT is actively seeking resources to continue it into the future. If you would like to get involved or if you have ideas to share, please contact Chellie Skoog, QLCC Coordinator.



Each of us is an Essential Piece of a Puzzle
*Isn't it a wonderful thing that we're all different?
 Each of us has strengths and skills to share.
 And when we link our individual strengths together,
 we're invincible. Can't imagine us without you!*



Special thanks to One Shot Photography for the photos on this page!



YOUTH PROGRAM

Wow! Seems just last week school was letting out for the summer and we were gearing up for the Summer Youth Workers, the Dance Group was beginning their summer performances, and Nuciiq was the buzz word for July!

Summer has zoomed by and school is already starting!

As school wound down a group of youth were invited to attend the Tatitlek Heritage Week. There they were able to expand their knowledge of native traditions and meet up with old friends.

In July, Nuciiq Spirit Camp started with huge participation. Every week was full and kids from all over tried to get to camp or stay at camp for longer. 7 kids from Seward attended in the second week and two attended in the third week. They had an awesome time. Look for applications in early March if you would like to attend the 2010 sessions!

Our Dance Group performed at weekly Culture Shares that were open to the community and visitors to Seward!

We had a busy summer! By: Mel Stevens

SUMMER YOUTH



The summer youth, Kenan Napoleon, Brandon Ramoth, Billy Wardlow and Garrett Hansen worked hard at the homes of Elders cutting



lawn, raking, clearing brush, stacking



wood, trimming and cleaning up outside. With the help of Dodi Randall, the youth constructed growing boxes and a storage shed for tools. They planted gardens and have harvested some of the vegetables and are waiting for a few more to finish growing.

Good work, Guys!



Tatitlek Heritage Week.....Adorrah Cummins, Alex Christiansen, Billy Joe Wardlow, Garrett Hansen, Theo Cantrell, Jesse Cantrell, Jovahnta Usugan, Brandon Ramoth, Henry Guillemette, Amber Clarke, Ariana Stevens, Lindsay Bates, Tracey Bartley and Melanee Stevens.



Nuciiq Spirit Camp...on the beach...in class...trust games...and dancing the night away!

ELDER PROGRAM



The Elders Program has had a busy summer. Tours around Seward, a van picnic in the rain, discussion of native plants and their uses, supervising visiting fishermen at MacDonald's, and the annual trip to the U-Pik Farm in Palmer.

In August Jerry of Lazy J Charters offered the Elders the chance to go out on a Charter Boat in Resurrection Bay. Leo Kunnuk and Ike Dotomain spent a wonderful day catching fish and telling fish stories from 'back in the day'! They got to bring home shares of the day's bounty as well. These 'old salts' were the only 2 Elders available who had the sea legs that would allow them to spend the day on the Bay's rolling seas.

Thanks to Jerry Fogg for taking QNT Elders fishing in August during the Silver Salmon Derby. Leo Kunnuk caught a Silver Salmon that weighed in at 14.75 lbs which resulted in a prize for best 'random daily weight.' Congratulations Leo! Thanks Jerry!

Frank Stevens a National Park Service Volunteer

visited the Elders during one of the Thursday afternoon social gatherings and learned about some of our Tribal members and their origins and stories from their home villages. Frank is a 'noted Storyteller' and a retired schoolteacher from Michigan (and Missouri) who has visited Alaska as a NPS volunteer for the past few summers. Frank is a world traveler with more than a few stories of his own.



The Neighbor to Neighbor Program has received notice that QNT will be funded by the Indian Health Service Grant for another year. Gathering information from the Elders to compile statistical information on their wants and needs to allow them to age in place is on-going.



ANNOUNCEMENTS

Chugachmiut Health Services * Submitted by: Cheri Hample MPH MSW

The staff at Chugachmiut Health Services extends a warm welcome to each of you and encourages you to come and visit us at the North Star Medical/Dental Clinic or our village based clinics in Chenega Bay, Nanwalek, Port Graham and Tatitlek. Our goal is to support your wellness journey and to provide you with excellent, holistic health care through all the stages of your life.

Knowing yourself and your family history is one step in learning how to achieve and maintain good health. Learning about your family health history and sharing this information with your health care provider can help decide what health care is appropriate for you. As you learn more about your family history it is helpful to document the information, "My Family Health Portrait" was developed by the US Surgeon General's Office and can be found at www.hhs.gov/familyhistory. Seeing your health care provider at least once a year gives you an opportunity to keep current on your own health status and learn about things you can do to prevent future health problems. Thank you for giving us the opportunity to serve you.

SAVE THE DATE: Chugachmiut Health Services (North Star Clinic 201 3rd Ave), will be hosting an OPEN HOUSE on FRIDAY September 18th from 2-4 pm. The Chugach Museum will also be open during this time. This will be a great opportunity to visit the clinics, meet staff and learn about the services we offer. For information call: 224-3490. Our services include: community based primary care and prevention services, pharmacy, health promotion/education, chronic disease management, tobacco prevention and control, behavioral health, dental services and contract health.

For more information, contact your local Chugachmiut clinic. (Seward: 224-3490/Dental: 224-4925; Nanwalek: 281-2250; Port Graham: 284-2241; Chenega Bay: 573-5129; Tatitlek: 325-2235).

Seward/Moose Pass Imagination Library / Offering FREE books to preschool children

The Seward PTSA is excited to announce that Dolly Parton's Imagination Library has come to Seward and Moose Pass. It is Dolly's belief that reading to young children will foster their imagination and lay the foundation for future reading skills and a love for books.



Each month the Dollywood Foundation will mail a brand new, age appropriate book to every child from birth to age 5 who enrolls, regardless of their family income. Today, over 500,000 books are mailed to children in the US and abroad. In Alaska alone, about 4000 children participate. These high quality, hard covered books, come to us at a reduced rate of only about \$30 per child per year and that includes postage.

Sadly, 54% of our elementary students live below the federal government's poverty level. Often, there is no discretionary money left over in family budgets to buy books. This, along with Seward's Head Start program ending several years ago due to a lack of funding, has left a hole in our preschool-aged children's early literacy skills training, which currently goes unfilled.

Educators have emphasized the fact that reading with your preschool child is the single most important activity to prepare a child for school and beyond. Studies have shown that there is a direct correlation between illiteracy and crime. Bringing this program to Seward will help to nurture a love for reading, and give our children a head start in preparing for their future.

If you know a child under the age five that isn't already enrolled, or would like more information, email sewardimaginationlibrary@gmail.com, or call Lidia Petersen at 224-8680. If you would like to make a donation to help fund this worthwhile program you can mail your donation to:

Seward PTSA—Seward/Moose Pass Imagination Library P.O. Box 409 Seward, AK 99664

A \$30 donation will enable one child to receive a brand new book once a month for a year. \$150 will enhance the life of a child from birth until age five, or five children for one year. We welcome any amount you can share to enrich the lives of our children. All donations will be publicly acknowledged on the "Giving Tree" to be located at the new Seward Community Library.

ANNOUNCEMENTS



QNT congratulates the Metco Mariners and Tribal Members, Steve Kunnuk and John Osenga! Way to go!!

Metco Mariners WIN Recreational Softball League Championship

It was a chilly night but that didn't seem to slow the Metco Mariners, managed and coached by Michelle Travis, who took first place in Seward's Recreation Softball League. Metco faced top seeded Yukon Bar team, managed by Chris Danzl and coached by Jenilee Regis. The Yukon Bar put up a good fight but Metco had more luck at the plate with steady bats. Final score was 18-6. Congratulations Metco Mariners! ~Maggie Wilkins for SPRD

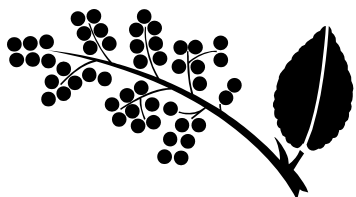
First Alaskans Institute



Elders & Youth Conference

Oct 19 & 20 *Dena'ina Civic & Convention Center*
***Generations of Wisdom,
Generations of Strength***

The Elders & Youth Conference strengthens the knowledge and self-confidence of Native people to speak out and create change within themselves and their communities. 2009 marks the 26th Anniversary of this Conference. Young people and Elders are encouraged to participate in an effort to maintain traditional Native values and practices, while living in today's society.



Alaska Federation of Natives Convention

Oct 22,23 & 24

Northern Dreams—Our Historic Journey Continues
The AFN Convention is the largest representative annual gathering in the United States of any Native peoples. Delegates are elected on a population formula of one representative per twenty-five Native residents in the area and delegate participation rates at the annual convention typically exceed 95%. 4,000–5,000 delegates attend each year.

Alaska Native people began as members of full sovereign nations and continue to enjoy a unique political relationship with the federal government. We will survive and prosper as distinct ethnic and cultural groups and will participate fully as members of the overall society. The mission of AFN is to enhance and promote the cultural, economic and political voice of the entire Alaska Native community.

ANNOUNCEMENTS

~ Happy Birthday ~

September

1 Jessie Nelsen
 1 Melvin Olson
 1 Allen Sorensen
 4 Leona Kunnuk
 4 Matthew Wolfe
 5 Michelle Buchanan
 5 John Delaney
 5 Lenore Doleman
 6 Donald Wallace III
 7 Shaun Abrahamsen
 7 Karen Ronne
 8 Mervin Broughton Jr.
 8 Donavan Brown
 8 Claudia Simpson
 8 Mabel Towsley
 9 Dorothy Randall
 10 Rita Ruby
 11 David Hatch
 13 Tad Battishill
 14 Tanya Carlsen
 14 Parolee Getman
 15 Danette Battishill
 17 Leah Casey
 17 Donald Wallace Jr.
 18 Colleen McConnell
 19 Tamara Dotomain
 19 Rochelle Hanschen
 20 John Hansen
 21 Caroline Toloff
 22 Ben Ramoth
 23 Amber Burks
 24 Charles Jackson Jr.
 26 William Johnson
 27 Adorah Cummins
 Cassandra
 27 dra Howe
 27 Charlotte Nicolet
 27 Matthew Norbert
 29 Erin Gillespie-Hatch

October

1 Dawna Hood
 2 Joseph Norbert Jr.
 3 Michael Howe
 3 Velma Olson
 7 James Swartz
 7 Jacob Towsley
 8 Daniel Shea
 10 James Carlsen
 10 Stephen Faigle
 11 Raymond Clock
 11 Lisa Doleman
 12 Nathan Buchanan
 Christo-
 12pher Towsley
 12 Chynna Towsley
 13 Edith Buchanan
 14 Tena Munson
 15 Robert Chappell
 16 Julia Jack
 18 Damon Cappurro Jr.
 19 Shannon McConnell
 20 Elizabeth Gillespie- Hatch
 22 Eugene Blatchford
 22 Leo Kunnuk Jr.
 24 Blain Roehl
 26 Michael Norbert
 26 George Wichers
 28 Sonya Sheaver
 29 Joseph Dotomain
 31 Alissa Casey
 31 Kylee McHone
 31 Gerald Watson



Transportation is provided to QNT Elders and disabled tribal members on Wednesday of each week for afternoon clinic and dental appointments, shopping, banking and a visit to the post office.

To be included in the weekly transportation, please contact the office by 3pm on each Tuesday.

QUYANA! (Thank You)

"Appreciation is a wonderful thing. It makes what is excellent in others belong to us as well." - Voltaire -

Bernice Johnson, Marie Gage & Norma Shellgren

Thank you for your generous contributions to the QNT Elders!

Jerry Fogg

Thank you for taking our Elders on a fishing trip recently!

Anonymous Donor

Thank you for your generous monetary contribution to QNT's Annual Sobriety Gathering!

Skip & Marie Fletcher and the Liberty Theatre

Thank you so much for the donated movie tickets!

Tina & Allen King and One Shot Photography

Thank you so much for all that you do to support QNT and enhance our programs!

Al Stone & Karen Normand

Thank you for sharing your skills and resources with QNT!

ADF&G and Bill Simeone

Thanks for traveling to Seward to educate our tribal members on subsistence in AK.

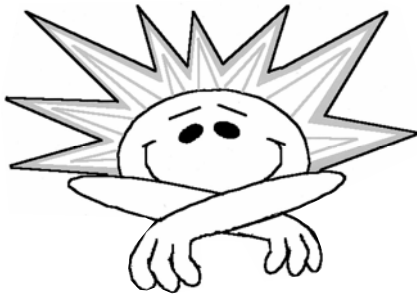
UAF and Maribeth Murray

Thanks for dedicating your time and skills to QNT this summer!

Donald Cripps

Thank you for your continued donations of fish to our Elders and tribal members!

ANNOUNCEMENTS



Join the Sunshine Club

Donate monthly to the QNT Sunshine Club. Earnings go to general operations that grants do not cover. QNT, a non-profit organization, provides services to the community, our elders, and the youth. You do not need to partake in any activities to donate.

Special thanks to those who have contributed during this fiscal year:

Rita Goshorn
Caroline Toloff
Gilbert Ollestad
Judi Christiansen
Kenton Lee
Esther Ronne
Charlie Larson
Diane McRae

IMPORTANT DATES!

September 3rd—Elementary, Middle & High School OPEN HOUSE events



September 7th—LABOR DAY—QNT OFFICE CLOSED

September 15th—QNT Council Meeting

September 15th—Elder Care Forum Meeting from 1:30—3pm

September 18th—Chugachmiut / North Star Health Clinic Open House, 2-4pm

September 19th—QNT hosts its 16th Annual Sobriety Gathering

September 21st—QNT OFFICE CLOSED



September 25th—Native American Day



October 12th—Columbus Day

October 13th—QNT Council Meeting

October 19th & 20th—First Alaskans Youth & Elders Conference at the Dena'ina Convention Center in Anchorage

October 22nd, 23rd & 24th—AFN Confederation at the Dena'ina Convention Center in Anchorage



HICKORY SMOKED SALMON

from Indian Valley Meats

is available for sale at QNT,
8 oz. for just \$8.00!!

Tribal Members receive a 25% discount!

~Hurry in to get yours today~





QUTEKCAK NATIVE TRIBE

Changing with the tides, in harmony with our people, land and heritage.
221 Third Avenue, P.O. Box 1467, Seward AK 99664
Ph (907) 224-3118 ~ Fax (907) 224-5874



TRIBAL COUNCIL

President - *Diane McRae*
Vice President - *Daisy Blatchford*
Secretary/Treasurer - *Judi Christiansen*
Member - *Esther Ronne*
Member - *Arne Hatch*
Member - *Danielle Deer*
Member - *Nena Butts*

OFFICE PERSONNEL

Tribal Administrator — *Connie Pavloff*
Community Representative.— *Maggie Simons*
QLCC Program Coordinator — *Chellie Skoog*
Youth Coordinator— *Melanee Stevens*
Admin Assistant— *Open*
Bookkeeper/Project Assistant—*Sandy DeLand*



The Wave
Qutekcak Native Tribe
P.O. Box 1467
Seward, AK 99664

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Office Hours:

Monday

8:30 AM to 5:00 PM

Tuesday

8:30 AM to 5:00 PM

Wednesday

11:30 AM to 5:00 PM

Thursday

8:30 AM to 5:00 PM

Friday

8:30 AM to 5:00 PM

Saturday & Sunday
CLOSED