



the Wave ~

news from the big beach

September / October 2010

Volume 24 Issue 5

INSIDE THIS ISSUE

- Page 2 & 3:
Community Updates
- Page 4:
Elder Program
- Page 5:
Youth Program
- Pages 6—7:
Special Announcements
- *Birthdays*
- *Thank You*
- *Important Dates*

Qutekcak Native Tribe is the tribal organization serving the Native community of Seward, Alaska, created to promote the unity, self-determination, and empowerment of our members and other Native people residing in the Eastern Kenai Peninsula by providing services that will strengthen Native people by increasing opportunities, and enhancing their mental, physical, and spiritual well-being, in harmony with our land and traditional values.

QNT Annual Membership Meeting will be held on Thursday, November 18, 2010 at the QNT tribal office located at 221 Third Avenue in Seward.



NOW is the Time to Get Involved!

This is the beginning of a very important and exciting time for the Qutekcak Native Tribe. The tribe's lawyers believe we are less than two years away from receiving federal recognition and a lot of work remains to be done on the local front.

This fall the tribal council will be looking to fill three seats.

If you are a tribal member over 18 years of age, live in the Seward area and have approximately five to six hours per month in the evening to devote to governance issues the tribal council needs you. The council will be using the remaining time before recognition to fine-tune tribal policies and procedures that will shape the tribe for many years to come. This has been a long process and many have given so much, but now it's crunch-time and your ideas and input are needed.

What does federal recognition mean to QNT? Mainly it means much more self determination and a new pool of money that only federally recognized tribes can access. Chugachmiut has been good to QNT and negotiates with the federal government for us. Federal recognition allows Chugachmiut to apply for additional programs and services for QNT and its tribal members and leaves the door open for QNT to negotiate directly with the government and other sources as it sees fit. This will be a win-win-win for Chugachmiut, the Qutekcak Native Tribe and members.

Remember, for new ideas and directions your input is needed, so it is imperative members get involved. The council especially needs the fresh voices of tribal members who have school age children, are in the labor pool and want to shape the direction of the tribe after recognition.

Please take this opportunity to get involved. **You can make a difference!**

Thanks, Scott Allen, Tribal Administrator

Three Council Seats Open

The Qutekcak Tribal Council has a seven member council. This fiscal year 2011, three council seats are open and need to be filled.



Persons seeking candidacy may pick up an application at the QNT office at any time. Potential candidates must return applications by 4:00 P.M., Thursday, **October 28, 2010**. If you have questions about the responsibilities of being a council member, please stop by the tribal office.

COMMUNITY EVENTS



Celebration of Healthy Lifestyles Picnic held on August 29.

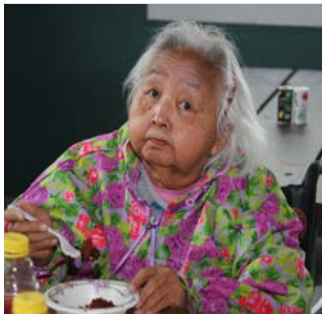
These pictures are worth a thousand words but the story doesn't end here. For those of you that attended the QNT Celebration of Healthy Lifestyles picnic on August 29 you know what a great time it was. For those who did not, you missed out! Over 200 community and tribal members gathered to celebrate each other and to celebrate living healthy. The weather was great and the food and the company were even better! Informational vendors were available to share information on staying healthy. Other highlights included a games table for the kids and a drawing for door prizes.



Seward Mayor, Willard Dunham, was on hand to present thank you gifts to the Tribal Council Members. Daisy Blatchford, Arne Hatch, Esther Ronne, Judi Christensen, and Diane McRae each received a coat and vest adorned with the QNT logo along with a plaque recognizing their hard work and dedication to the Tribe. We can't thank you enough for all you do.



Special Thanks to Tina & Allen King at One Shot Photography for the photos on this page!



**Thanks to ALL the Volunteers who made this event possible!!
We couldn't do it without you!**

COMMUNITY NEWS

Celebrate Alaska Native intellect.

Encourage young people and Elders to attend the 27th Anniversary of



First Alaskans Institute Elders & Youth Conference Oct. 18-20th, 2010, in Fairbanks. The Elders & Youth Conference strengthens the knowledge and self-confidence of Native people to speak out and create change within themselves and in their communities. Encourage young people and elders to maintain traditional Native values and practices while living in the modern world. To register or for more information, visit www.firstalaskans.org.



Alaska Federation of Natives Convention will be held in Fairbanks October 21-23, 2010. This year's Convention theme will spotlight "Village Survival!" with a special emphasis on exploring education, movement of peoples, sustainable economies and contributing to our country's economic recovery.

Chugach Alaska Corporation Annual Shareholders Meeting: will be held in Cordova, AK on October 16th.



Voter Eligibility for the Annual Meeting

As defined in the Constitution, all enrolled tribal members who are 18 years of age or older on Election Day and reside within the Territory of the Tribe shall be eligible to vote. An eligible voters list containing all such persons will be available for review at the Tribal Office as of **Tuesday, October 19th**. You are encouraged to review the list for mistakes or omissions.

QNT Welcomes Two New Staff Members



Kellee Weaver joins the staff as the Finance & Admin

Mariah Johnson (left), Kellee Weaver (right)

Technician. Kellee has lived in Seward for over 11 years with her husband, Ray, and two children. She has five+ years of experience with grant management but a lifetime of customer service and administrative experience. She will be a great addition to the staff.

Mariah Johnson joins us as a Project Assistant for the Elders programs. Mariah will work closely with Maggie Simons to provide services to QNT Elders and to support the Neighbor to Neighbor project as it begins its implementation phase. This is Mariah's second summer in Alaska with her husband, Erik, but their first winter so a 'warm' welcome would be appreciated! Mariah has a degree in Social Work and will be a great asset to the Elders program.

Please stop by the tribal office to introduce yourself and welcome them to our team!

This is your newsletter!

We invite you to call or stop by with articles, suggestions, announcements, greetings, births, weddings, or community concerns.

The Wave is printed every two months.

The deadline for the next issue is:

10/22/10

Call: (907) 224-3118

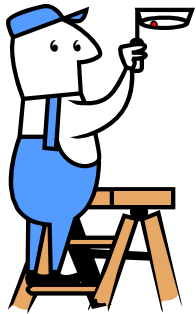
ELDER PROGRAM

IHS Grant Award Received

The Elders Program received notice this week that we have been awarded an Indian Health Service Grant to continue the Neighbor to Neighbor / Elder Long Term Care Initiative that was begun in 2008. With this new Grant we will be able to move forward with the plan to implement needs that were identified in the survey done with our elders over the last year.

During the survey phase, 92% of QNT Elders stated that their wish is to remain in their own homes as they live out their lives and if the need arises for an extra bit of assistance to do so, have it be provided by a family member or friend. One of the focuses of this program will be to train QNT tribal members as State Certified Personal Care Assistants (PCAs) so that they will be able to provide efficient personal care that is culturally appropriate for the elder.

Under the Neighbor to Neighbor Program we will initiate a State of Alaska Certified QNT Care Coordination Agency. The QNT Care Coordination Agency will work with the Elder, their family and provider agencies to design 'Plans of Care' tailored to their individual needs and allow them to remain in their homes as they wish.

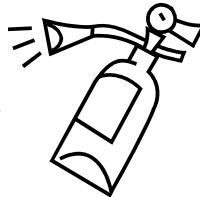


Burn and Fire-related Injury Prevention Project 2009-2010

Qutekcak Native Tribe has partnered with the State of Alaska, Department of Health and Social Services, Division of Public Health Injury Prevention and EMS to coordinate an opportunity in the Seward Community to provide fire education information and materials to local residents, and install smoke alarms in their homes.

This is not a 'give-away' program where you will simply pick up smoke alarms and go home and install them. A very important component is that the alarms be installed and located correctly in homes. We have volunteers ready to install and distribute Smoke Alarms, CO2 Detectors and Fire Extinguishers over the month of September.

Please call QNT and ask for Maggie or Mariah at 224-3118 to arrange a time for the volunteers to bring yours to your home and install it for you.



Elder's Thursday Social

We welcome tribal members to join us at our weekly Craft and Social sessions. They are held every Thursday afternoon from 1:00 PM to 3:00 PM.

Quote: Elders are people that earn the respect that they give to others.

For more info about QNT's Elder Programs Contact:

Maggie at Elders@qutekcak.net or Mariah at n2n@qutekcak.net or via phone (907) 224-3118

YOUTH PROGRAM

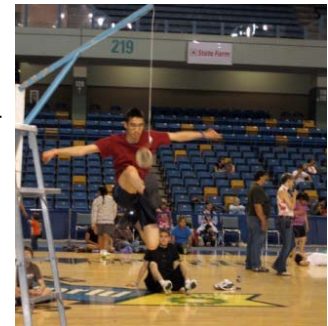
Qutekcak Dance and Drum is underway for another school year.

The Dance Group is open to any youth in the Seward Community. Youth can ride bus 4, with a note from parents, to the Qutekcak Native Tribe at 221 Third Ave. Practices are held on Tuesdays from 3:30 to 4:30. Rides home are provided for those that request it.



WEIO Results

We had three athletes travel to Fairbanks in July to compete in the 49th Annual World Eskimo Indian Olympics. Although no medals were won this year Ariana Stevens, Zachary Martin and Kenan Napoleon set new personal best and even tried a few new events. We are looking forward to attending the 50th Annual World Eskimo Indian Olympic event next summer.



If you have youth that are interested in learning native games you will want to get them signed up. The Junior Native Olympic team include grades 1 thru 6; the Senior Native Olympic team is for grades 7 thru 12. Practices will be starting November 1st at the Seward Elementary School Gym. Check for applications at the local schools.



Summer Youth and Coast Guard

This summer the United States Coast Guard contacted the Qutekcak Native Tribe to see if they were in need of volunteer help for local Elder projects. The summer youth had a collection of Elders that needed assistance at their home with outside projects. We submitted the projects to the Coast guard and they chose the one they felt they would be able to help with the most.

Dorothy Randall's project was chosen which involved digging drainage ditches, cutting trees, splitting wood and moving brush. Several Coast guard volunteers descended upon Camelot to cut, chop, dig and hammer away for two days. The summer youth had the opportunity to work alongside these great role models and many lessons and skills were learned in these two short days. We extend our deepest gratitude to the Coast Guard crew and all of their hard work. We look forward to working with you again in the future!

Our Summer Youth Employment program is winding down and will conclude with the harvesting of our little gardens that Brennan and Kenan worked on this summer. They also were able to help local elders with mowing lawns, trimming and hauling brush, pulling pushki and alders, cutting trees and splitting logs, building a porch and clean up around the homes. They worked very hard and were rewarded with heartfelt thanks from the elders.

Good Work, Kenan & Brennan!



**For more info about QNT's Youth Programs Contact:
Melanee via email at youth@qutekcak.net or via phone (907) 224-3118**

ANNOUNCEMENTS

~ Happy Birthday ~

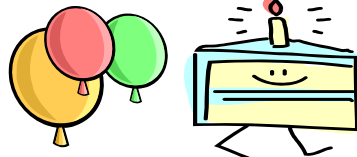


September		October	
1	Jessie Nelsen	1	Dawna Hood
1	Melvin Olson	2	Joseph Norbert
1	Allen Sorensen	3	Michael Howe
4	Leona Kunnuk	3	Velma Olson
4	Matthew Wolfe	7	Jacob Towsley
5	Michelle Buchanan	7	James Swartz
5	John Delaney	8	Daniel Shea
5	Lenore Doleman	10	James Carlsen
6	Donald Wallace III	10	Stephen Faigle
7	Shaun Abrahamsen	11	Lisa Doleman
7	Karen Ronne	11	Raymond Clock
8	Donavan Brown	12	Chynna Towsley
8	Mabel Towsley	12	Christopher Towsley
8	Claudia Simpson	12	Nathan Buchanan
8	Mervin Broughton Jr	13	Edith Buchanan
9	Dorothy Randall	14	Tena Munson
10	Rita Ruby	15	Robert Chappell
11	David Hatch	16	Julia Jack
13	Tad Battishill	18	Damon Cappurro Jr
14	Tanya Carlsen	19	Shannon McConnell
14	Parolee Getman		Gillespie-Hatch
15	Danette Battishill	20	Elizabeth Hatch
17	Leah Casey	22	Leo Kunnuk Jr
17	Donald Wallace Jr	22	Eugene Blatchford
18	Colleen McConnell	24	Blain Roehl
19	Tamara Dotomain	26	George Wichers
19	Rochelle Hanschen	26	Michael Norbert
20	John Hansen	28	Sonya Sheaver
21	Caroline Toloff	29	Joseph Dotomain
22	Ben Ramoth	31	Kylee McHone
23	Amber Burks	31	Alissa Casey
24	Charles Jackson Jr	31	Gerald Watson
26	William Johnson		
27	Adorah Cummins		
27	Matthew Norbert		
27	Cassandra Howe		
27	Charlotte Nicolet		
29	Erin Gillespie-Hatch		

Volunteers Needed! In the near future we would like to make part of the tribal building a relaxed social-gathering area. We are planning on redesigning the front greeting area with comfortable seating and to encourage tribal members and others to visit with each other. We want to provide local newspapers from many different locations from throughout the state along with our cultural reading material and DVD's. We believe this could become a very enjoyable low-keyed learning and social-gathering area for many of our members. What we need are volunteers to oversee the operation with simple duties such as: greeting visitors, making coffee, operating the TV and other simple tasks as needed. If you have an interest in participating please contact the tribal office. We would like to begin this program before the end of the year. Thank you.



Transportation is provided to QNT Elders and disabled tribal members on Wednesday of each week for afternoon clinic and dental appointments, shopping, banking and a visit to the post office. **To be included in the weekly transportation, please contact the office by 3pm on each Tuesday.**



ANNOUNCEMENTS



Join the Sunshine Club

Donate to the QNT Sunshine Club. Earnings go to general operations that grants do not cover. QNT, a non-profit organization, provides services to the community, our elders, and the youth. You do not need to partake in any activities to donate.

Special thanks to those who
Have contributed during this
fiscal year:

Rita Goshorn
Caroline Toloff
Gilbert Ollestad
Judi Christiansen
Daisy Blatchford
Diane McRae

QUYANA! (Thank You)

“Gratitude is the best attitude.” ~ Author Unknown

Paula Moseley

Thank you for donating your time to the QNT office.

Picnic Volunteers

Thank you for your time. We could not host an event like the Celebration of Healthy Lifestyles without you!

US Coast Guard

Thank you for volunteering your time in support of QNT Elders

North Pacific Rim Housing Authority & Chugachmiut

Thank you for sponsoring the Celebration of Healthy Lifestyles.

Mayor Willard Dunham, City of Seward & Seward Fire Department

Thank you for your continued support of QNT!

Important Dates

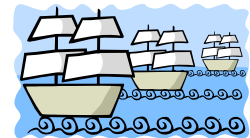
September 6—Labor Day—QNT Office Closed



September 27—
Native American
Day

October 11—Columbus Day

October 16 -
Chugach



Alaska Annual Shareholders Meeting

October 18-20 - Youth & Elders Conference in Fairbanks.

October 19—Eligible Voters List Available for review at QNT Tribal Office

October 21– 23 - Alaska Federation of Natives Convention in Fairbanks.

October 28 - Deadline to submit Council Seat applications.

November 18 - Election and Annual Meeting at QNT tribal office.



RECIPE:

Back to School Cookies



Ingredients:

1 C butter-flavored shortening	
1 C creamy peanut butter	
2 C packed brown sugar	4 egg whites
1 tsp vanilla extract	2 C all-purpose flour
1 tsp baking soda	1/2 tsp baking powder
2 C crisp rice cereal	1-1/2 C chopped nuts
1 C flaked coconut	1 C quick-cooking oats

Directions:

*In a large bowl, cream the shortening, peanut butter and brown sugar until light and fluffy. Beat in egg whites and vanilla. Combine the flour, baking soda and baking powder; gradually add to creamed mixture and mix well. Stir in the cereal, nuts, coconut and oats.
*Drop by rounded tablespoonfuls 2" apart onto ungreased baking sheets. Flatten with a fork, forming a crisscross pattern. Bake at 375 degrees for 7-8 minutes. Remove to wire racks. Yield: 6 1/2 dozen

Nutrition Facts: 1 cookie equals 103 calories, 6 g fat (1 g saturated fat), 0 cholesterol, 49 mg sodium, 11g carbohydrate, 1g fiber, 2g protein.



QUTEKCAK NATIVE TRIBE

Changing with the tides, in harmony with our people, land and heritage.
221 Third Avenue, P.O. Box 1467, Seward AK 99664
Ph (907) 224-3118 ~ Fax (907) 224-5874



TRIBAL COUNCIL

President - *Diane McRae*
Vice President - *Judi Christiansen*
Member - *Esther Ronne*
Member - *Daisy Blatchford*
Member - *Arne Hatch*

OFFICE PERSONNEL

Tribal Administrator — *Scott Allen*
Program Coordinator—Elders— *Maggie Simons*
Program Coordinator—Youth— *Melanee Stevens*
Project Assistant—Elders— *Mariah Johnson*
Finance & Admin Technician—*Kellee Weaver*
Maintenance—*Ike Dotomain*



The Wave
Qutekcak Native Tribe
P.O. Box 1467
Seward, AK 99664

Return Service Requested

Office Hours:

Monday—Friday

8:30 AM to 12:30 PM
By Appointment ONLY

12:30 PM to 4:00 PM
Walk Ins Welcome

PRSRT STD
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